

TOP QUESTIONS to Ask When Considering Cosmetic Surgery

- **Am I a good candidate for this procedure? Why or why not?**
Your surgeon should ask you if you have one or more serious health problems such as diabetes, high blood pressure, a bleeding disorder, heart disease, obesity or depression. Risk of complication during surgery or recovery is elevated depending on your age, body mass index, obstructive sleep apnea, and cardiovascular conditions.
- **What are the surgical options? What are the pros and cons for each?**
Surgical options can be found on this site, carilioncosmetic.com. There are pros and cons of each options that are specific to your needs. Health benefits and surgical complications should be discussed with your surgeon.
- **Are there non-surgical treatments that might be more appropriate for me?**
Knowledgeable surgeons should thoroughly discuss alternatives to surgery to supplement your final informed decision.
- **Can you share before/after photos or diagrams to help me understand the procedure and the expected results?**
Your doctor should have photographs or diagrams to share with you for better understanding of your procedure. Remember when evaluating photographs however, that procedure examples from photographs may not look like you. The best candidates have realistic expectations and consider the advice of their medically trained plastic surgeon.
- **What are the possible risks?**
Risks are specific to the procedure and should be addressed by your surgeon.
- **How will my progress be monitored after surgery?**
It is imperative that your surgical team follow up with you post-surgery. You will need to be seen for a follow-up visit to ensure your wounds are healing properly. Patients should receive a detailed list of post-operative instructions from your surgical team to be diligently followed to ensure a successful recovery.

- **What are risks from anesthesia?**

Risks may include unplanned hospital admission, delay in home readiness and discharge from side effects such as drowsiness, pain, and postoperative nausea and vomiting. However more serious risks may be associated due to other factors and should be discussed with your doctor.

- **How long will the improvements last?**

This depends on the procedure, though your surgeon should be able to explain the expected time frame for your results.